# Primary

School

### MONDAY

#### **TUESDAY**

#### WEDNESDAY

#### **THURSDAY**

FRIDAY

Medi CHOICE

Chicken & Vegetable **Noodle Stir Fry** (GL-EG-SO)

**Beef Meatballs in Tomato** Sauce with Penne Pasta (GL-SU-SO)

**Layered Tortilla Bake** 

**Battered Fish Fillet & Chips** (GL-FI)

Vegetarian CHOICE

**Garlic Butter Gnocchi** with Broccoli (GL-EG-SO)

**Roasted Vegetables in Tomato Sauce** with Penne Pasta

served with Potato Salac

Veggie Bean Fajita & Chips (GL-MI)

Jacket POTATO

Jacket Potato with Cheese or Baked Beans

**Jacket Potato with** Tuna Mayonnaise or Baked Beans (FI-EG)

**lacket Potato with Cheese** or Baked Beans

**Jacket Potato with** or Baked Beans

**Jacket Potato with Cheese** or Baked Beans

Egg, Cheese or Tuna (GL-DA-FI-EG-SO-SE)

**Egg, Cheese or Tuna** 

Egg, Cheese or Tuna (GL-DA-FI-EG-SO-SE)



Vegetables

Dessert

**Peas & Carrots** 

Cauliflower & Green Beans

Cauliflower & Cabbage



**Peas & Sweetcorn** 



Fruit Yoghurt

Dutch Apple Sponge Cake
(GL-EG-SO-MI)

Caramel Banana Cake

**Fruit Wedges** 













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# Primary

School

### MONDAY

#### **TUESDAY**

#### WEDNESDAY

#### **THURSDAY**

#### FRIDAY

Meat CHOICE

**Chicken Dhansak** served with Rice (GL-SU-MU)

Lamb Kofte served with **Toasted Pitta Bread** & Cucumber Yoghurt (GL-MI)

**Tumeric Potatoes** 

**Battered Fish Fillet & Chips** (GL-FI)

Vegetarian CHOICE

**Vegetable Dhansak** served with Rice (MU-GL-SU)

Mac 'n' Cheese (GL-MI-SU)

**Vegetarian Tikka Roasted Potatoes** 

**Quorn Nuggets & Chips** (EG-GL-MI)

Jacket

POTATO

**Jacket Potato with Cheese** or Baked Beans

**Jacket Potato with Tuna Mayonnaise or Baked Beans** (FI-EG)

Jacket Potato with or Baked Beans

**Jacket Potato with Cheese** or Baked Beans

Egg, Cheese or Tuna (GL-DA-FI-EG-SO-SE)

Egg, Cheese or Tuna (GL-DA-FI-EG-SO-SE)

Egg, Cheese or Tuna (GL-DA-FI-EG-SO-SE)

**Vegetables** 

**Peas & Carrots** 

Cauliflower & Green Beans

**Peas & Sweetcorn** 

Dessert

Fruit Yoghurt

Pear & Chocolate Brownie (GL-SE-MI-EG-SO

**Fruit Yoghurt** 













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Freshly-baked Bread, Salad Bar and Fresh Fruit Available Daily





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School

## MONDAY

#### **TUESDAY**

#### WEDNESDAY

#### **THURSDAY**

#### FRIDAY

Meat CHOICE

**Creamy Cajun Style** Chicken Pasta Penne (MI-MU-GL)

**BBQ Chicken Drum Stick** served with Sunshine Rice

**Morrocan Mince Lamb with** Roasted Vegetable Cous Cous

Battered Fish Fillet & Wedges (GL-FI)

Vegetarian CHOICE

**Tomato Roasted Pepper & Pesto Pasta Bake** (GL-MI)

Chickpea & Lentil Dahl served with Sunshine Rice (GL)

with Potato Salad

**Quorn Sausage** & Bean Jambalaya (GL-EG-MI)

Jacket POTATO

**Jacket Potato with Cheese** or Baked Beans

**Jacket Potato with** Tuna Mayonnaise or Baked Beans (FI-EG)

or Baked Beans

**Jacket Potato with Tuna** Mayonnaise or Baked Beans **Jacket Potato with Cheese** or Baked Beans

Egg, Cheese or Tuna (GL-DA-FI-EG-SO-SE)

Egg, Cheese or Tuna

Egg, Cheese or Tuna

Egg, Cheese or Tuna (GL-DA-FI-EG-SO-SE)



Vegetables

**Peas & Carrots** 

Cauliflower & Green Beans



Dessert

Fruit Yoghurt

Fruit Jelly

Sticky Rice Crispie Tray Ba

Ice-Cream (MI)













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