

DID YOU KNOW?

Primary schools in England generate around 55,408 tonnes of food waste per year.

Our new menus are all designed to help schools reduce food waste by including lots of firm favourites as well as offering more flexibility with options and portion sizes.



## FREE SCHOOL MEALS

All pupils between reception and year 2 are entitled to a free nutritious school lunch.

Everyone automatically gets Universal Infant FREE school meals and can benefit by over £480 per child per year. If your child is in year 3 or above, find out if they could still qualify for a free school meal by contacting the school office.



## SPECIAL DIETS

If your child requires a special diet for medical reasons, please check out our website

[www.edwardsandward.co.uk](http://www.edwardsandward.co.uk)

for a full list of FAQs and to complete our online form.



# MENU

AUTUMN/WINTER

2024-25



edwards and ward  
a recipe for success

## WEEK ONE

MONDAY

Margherita Pizza with Jacket Wedges (V) **or**  
Deep Filled Jacket with Beany Chilli (Ve)  
**Veg of the Day**  
Vanilla Shortbread (Ve)

TUESDAY

Pulled Chicken & Golden Rice Taco  
**or** Veggie Sausage with Mash & Gravy (Ve)  
**Veg of the Day**  
Apple Sponge (V)

WEDNESDAY

Roast of the Day with Roasties & Gravy **or**  
Sweet Potato Crumble with Roasties (Ve)  
**Veg of the Day**  
Jelly (Ve)

THURSDAY

Beef Lasagne  
**or** Fajita Rice Bake (V)  
**Veg of the Day**  
Sultana Flapjack (Ve)

FRIDAY

Fish Fingers or Salmon Fish Fingers with Chips **or**  
Vegetable Fingers with Chips (Ve)  
**Veg of the Day**  
Vanilla Ice Cream with Banana (V)

2/9/24, 23/9/24, 14/10/24, 4/11/24, 25/11/24, 16/12/24,  
6/1/25, 27/1/25

## WEEK TWO

Margherita Pizza with Jacket Wedges (V) **or**  
Deep Filled Jacket with Veggie Bolognese (Ve)  
**Veg of the Day**  
Chocolate Shortbread (Ve)



Cottage Pie  
**or** Sweet Potato, Bean & Golden Rice Taco (Ve)  
**Veg of the Day**  
Carrot Cake (V)

Roast of the Day with Roasties & Gravy **or**  
Loaded Yorkshire with Roasties (V)  
**Veg of the Day**  
Jelly (Ve)

Chicken Biryani with Chickpea & Veg Curry  
**or** Mac & Cheese (V)  
**Veg of the Day**  
Apple Flapjack (Ve)

Fish Fingers or Salmon Fish Fingers with Chips **or**  
Vegetable Fingers with Chips (Ve)  
**Veg of the Day**  
Vanilla Ice Cream with Banana (V)

9/9/24, 30/9/24, 21/10/24, 11/11/24, 2/12/24, 23/12/24,  
13/1/25, 3/2/25

## WEEK THREE

Margherita Pizza with Jacket Wedges (V) **or**  
Deep Filled Jacket with Chickpea & Veg Curry (Ve)  
**Veg of the Day**  
Sultana Shortbread (Ve)

Beef Chilli & Golden Rice Taco  
**or** Veggie Chow Mein (Ve)  
**Veg of the Day**  
Pineapple Upside Down Cake (V)

Roast of the Day with Roasties & Gravy **or**  
Cheese, Leek & Potato Pie with Roasties (V)  
**Veg of the Day**  
Jelly (Ve)

Chicken Korma with Rice  
**or** Vegetable Lasagne (V)  
**Veg of the Day**  
Flapjack (Ve)

Fish Fingers or Salmon Fish Fingers with Chips **or**  
Vegetable Fingers with Chips (Ve)  
**Veg of the Day**  
Vanilla Ice Cream with Banana (V)

16/9/24, 7/10/24, 28/10/24, 18/11/24, 9/12/24, 30/12/24,  
20/1/25, 10/2/25

Choice of **Filled Jacket Potatoes** or **Tomato Soup with a Cheese Sandwich** also available daily  
along with freshly baked bread, salad, fresh fruit, yoghurts, jelly and fresh drinking water.

