

DID YOU
KNOW?

Primary schools in England generate around 55,408 tonnes of food waste per year.

Our new menus are all designed to help schools reduce food waste by including lots of firm favourites as well as offering more flexibility with options and portion sizes.



FREE SCHOOL
MEALS

All pupils between reception and year 2 are entitled to a free nutritious school lunch.

Everyone automatically gets Universal Infant FREE school meals and can benefit by over £480 per child per year. If your child is in year 3 or above, find out if they could still qualify for a free school meal by contacting the school office.



SPECIAL DIETS

If your child requires a special diet for medical reasons, please check out our website

www.edwardsandward.co.uk

for a full list of FAQs and to complete our online form.



MENU

AUTUMN/WINTER

2025-26



edwards and ward
a recipe for success

WEEK ONE

MONDAY

Chicken Noodle Bowl **or**
Rainbow Noodle Bowl (Ve)
Margherita Pizza with Slaw (V)
Veg of the Day
Chocolate & Vanilla Swirl Cookie (Ve)

TUESDAY

Homemade Turkey Burger with Salad & Herbed Potatoes
or Classic Mac & Cheese (V)
Classic Tomato Pasta (Ve)
Veg of the Day
Apple Cake (V)

WEDNESDAY

Roast of the Day with Roasties & Gravy **or**
Homestyle Carvery Loaf with Roasties & Gravy (Ve)
Classic Tomato Pasta (Ve)
Veg of the Day
Fruity Jelly (Ve)

THURSDAY

Traditional Cottage Pie with Root Vegetables
or Creamy Cauliflower & Chickpea Curry with Rice (Ve)
Classic Tomato Pasta (Ve)
Veg of the Day
Flapjack (Ve)

FRIDAY

Fish Fingers or Salmon Fish Fingers with Chips **or**
Cheesy Bean Whirls with Chips (V)
Classic Tomato Pasta (Ve)
Veg of the Day
Banoffee Crumble (Ve) with Custard (V)

1/9/25, 22/9/25, 13/10/25, 3/11/25, 24/11/25,
15/12/25, 5/1/26, 26/1/26

WEEK TWO

Cosy Beef Chilli with Rice **or**
Cosy Bean Chilli with Rice (Ve)
Margherita Pizza with Slaw (V)
Veg of the Day
Vanilla Snap (Ve)

Chicken Souvlaki Pitta with Tzatziki & Wedges
or Pea Falafel Pitta (Ve) with Tzatziki & Wedges (V)
Classic Tomato Pasta (Ve)
Veg of the Day
Jaffa Cake Sponge (V)

Roast of the Day with Roasties & Gravy **or**
Butternut Squash Hot Pot with Roasties (Ve)
Classic Tomato Pasta (Ve)
Veg of the Day
Fruity Jelly (Ve)

Penne with Beef Bolognese
or Golden Topped Cottage Pie (Ve)
Classic Tomato Pasta (Ve)
Veg of the Day
Flapjack (Ve)

Fish Fingers or Salmon Fish Fingers with Chips **or**
Samosa Stack with Chips (Ve)
Classic Tomato Pasta (Ve)
Veg of the Day
Banana Custard Ice Cream (V)

8/9/25, 29/9/25, 20/10/25, 10/11/25, 1/12/25,
22/12/25, 12/1/26, 2/2/26

WEEK THREE

Chicken Korma with Rice (Ve) **or**
Sweet Potato Korma with Rice (Ve)
Margherita Pizza with Slaw (V)
Veg of the Day
Lemon Biscuit (Ve)

Lightly Crumbed Katsu Chicken with Rice
or Penne with Garden Bolognese (Ve)
Classic Tomato Pasta (Ve)
Veg of the Day
Oaty Apple & Rhubarb Crumble (Ve) with Custard (V)

Roast of the Day with Roasties & Gravy **or**
Cheese, Leek & Potato Pie with Roasties (V)
Classic Tomato Pasta (Ve)
Veg of the Day
Fruity Jelly (Ve)

Campfire Turkey Chilli with Rice
or Fiesta Beany Burrito (Ve)
Classic Tomato Pasta (Ve)
Veg of the Day
Choco Krispie Bite (Ve)

Fish Fingers or Salmon Fish Fingers with Chips **or**
Crispy Garden Fingers with Chips (Ve)
Classic Tomato Pasta (Ve)
Veg of the Day
Banana Cake (V)

15/9/25, 6/10/25, 27/10/25, 17/11/25, 8/12/25,
29/12/25, 19/1/26, 9/2/26

Jacket Potatoes with a Choice of Filling (including V/Ve options) are also available daily along with freshly baked bread, salad, fresh fruit, jelly (Ve), yoghurts (V) and fresh drinking water.



V - Vegetarian Ve - Vegan